



CYBERWOMEN



**Closing and review
exercises**

The cauldron

**INSTITUTE FOR
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The cauldron

- **Objective(s):** To even out the participation playing field. in a group setting, some people tend to speak more than others - this exercise raises awareness of that fact, while inviting participants who have not spoken as much as others to do so.
- **Length:** 15-20 minutes (depends on group size)
- **Format:** Exercise
- **Skill level:** Basic
- **Required knowledge:**
 - None required
- **Related sessions/exercises:**
 - None
- **Needed materials:**
 - Pre-cut slips of paper (3-5 per participant)
 - Bowl or basina
- **Recommendations:** The cauldron can be useful throughout your training – if introduced at the beginning of the workshop, you can use this exercise each time you ask the group a question during a session. that way, everyone has a chance to speak more often, and those who may be shy about answering questions are given the opportunity to get more comfortable. this exercise will revolve around a group

discussion, which can be about anything; however, it works especially well if the discussion focuses on a topic from the training. you can introduce a new topic, or you can use this exercise as a review for a previously discussed one – the choice is yours.

Leading the exercise

1. Have participants sit in a circle, arranged around the bowl or basin – this will be the cauldron. Give everyone 3-5 slips of paper.
2. Explain the rules for the discussion: every time someone speaks, they must throw one of their paper slips into the cauldron. Once a participant runs out of paper slips, they can no longer speak.
3. Introduce a topic, and facilitate the discussion by asking a series of questions to the group. For example, if the topic is malware and viruses, you might ask the following:
 - What is malware?
 - What are some different kinds of malware that you know of?
 - Are there any operating systems that are immune to malware infection?
 - Has your computer or smartphone ever been infected with malware? If yes, how did you know?
 - What are some ways that we can protect our devices from malware infections?
4. Continue the discussion until everyone has run out of paper slips - you can reactivate the conversation if you wish, by moving on to a new topic and handing the paper slips back out to everyone.